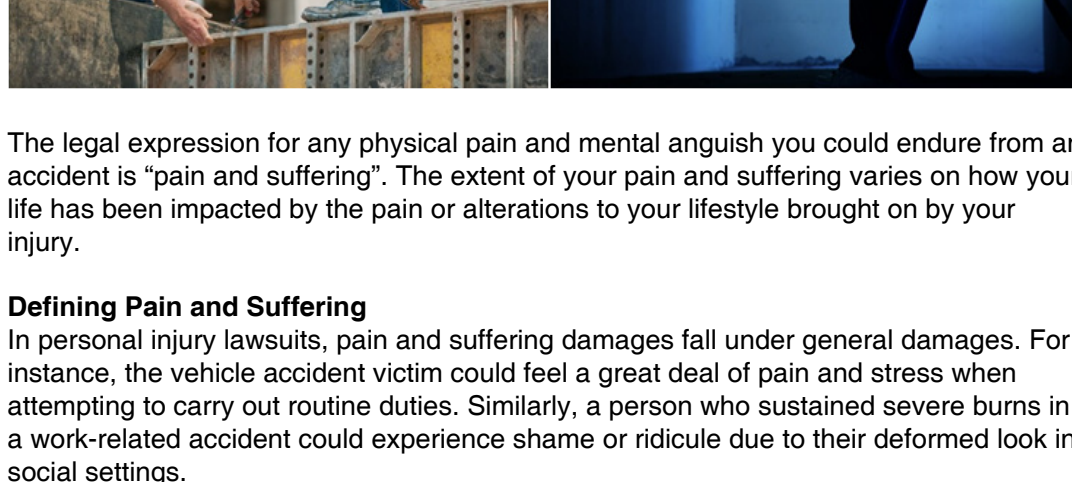




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- Back Pain and Social Security Disability Benefits
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Does Workers' Compensation Cover Pain and Suffering?



The legal expression for any physical pain and mental anguish you could endure from an accident is "pain and suffering". The extent of your pain and suffering varies on how your life has been impacted by the pain or alterations to your lifestyle brought on by your injury.

Defining Pain and Suffering

In personal injury lawsuits, pain and suffering damages fall under general damages. For instance, the vehicle accident victim could feel a great deal of pain and stress when attempting to carry out routine duties. Similarly, a person who sustained severe burns in a work-related accident could experience shame or ridicule due to their deformed look in social settings.

In essence, pain and suffering refers to everything that lowers your quality of life due to bodily impairments and mental and psychological distress.

What do Workers Comp Benefits Include?

One of the major differences between a workers' comp claim and a personal injury lawsuit is the compensation you can recover. Your workers' compensation benefits are typically limited to the following:

- Reimbursement for medical expenses
- Benefits of weekly pay
- Rehabilitative advantages
- Benefits if your provider is killed from a work-related injury

Sadly, workers' compensation claims do not function like personal injury cases regarding pain and suffering damages. Worker's compensation insurance does not cover pain and suffering in the traditional sense.

However, it is important to note that to get workers' compensation payments, you are not required to establish negligence, and you cannot file a lawsuit against your employer.

Workers Comp on Pain and Suffering

The workers' compensation system was designed to streamline the process of resolving claims between injured workers and their employers.

Although employees no longer need to show their employers were at fault in order to get workers' compensation benefits from their employers, their compensation is typically restricted to reimbursements for medical expenses and lost wages.

In some cases, you might be eligible for further compensation if your work-related injury has resulted in a mental or emotional problem that affects or limits your ability to work. For instance, managing chronic pain brought on by a work injury may result in anxiety or difficulty sleeping. The anxiety or disturbed sleep would be regarded as a compensable consequence of the initial work-related injury.

In such circumstances, the injured worker would typically be able to get therapy and other compensation for the mental or emotional illness as part of the workers' compensation case.

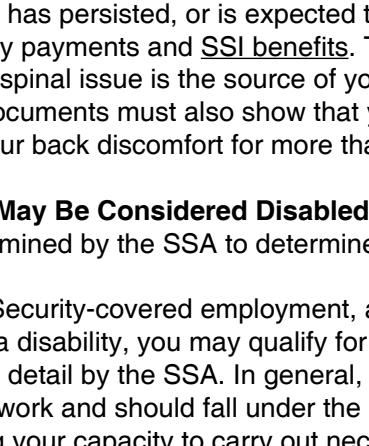
Seeking Legal Help

Getting hurt while working is stressful. Along with your immediate worries, such as getting better from your wounds and taking care of your bills, you might also be dealing with intense pain, mental anguish, and other problems that could have a long-term or even permanent impact on your life.

You should have a work injury lawyer evaluate the options available to you if a work injury has left you with serious pain or emotional distress. In addition, there are strict deadlines for filing workers' compensation claims. Workers' compensation payments may not entirely cover your damages from a workplace injury. You could, however, be eligible to receive extra damages. Consult a workers' compensation lawyer to understand what benefits you might qualify for.

Contact **Heller, Maas, Moro & Magill Co., LPA**, today to schedule your free case evaluation with one of our Ohio workers' compensation attorneys.

Back Pain and Social Security Disability Benefits



An estimated 80% of the population suffers through back pain at some point. It can be incredibly debilitating and may even prevent you from being able to earn a living to support yourself and your family. If your back pain limits your ability to work, you may wonder if you qualify for disability.

The Social Security Administration (SSA) specifies that you must have a medically determinable disability that has persisted, or is expected to persist, for at least a year to be eligible for SSA disability payments and SSI benefits. This implies that any tests should demonstrate that a spinal issue is the source of your back discomfort, rendering you unable to work. The documents must also show that you have been or expect to be unable to work owing to your back discomfort for more than a year.

How Back Pain Patients May Be Considered Disabled

Here are some factors examined by the SSA to determine eligibility for disability benefits:

- If you've held Social Security-covered employment, as well as whether your illness meets the criteria for a disability, you may qualify for disability benefits.
- Disability is defined in detail by the SSA. In general, your illness must make it impossible for you to work and should fall under the SSA's definition of "disability." That entails restricting your capacity to carry out necessary everyday tasks for a minimum of a year.
- To determine whether you are eligible, the SSA will look at a list of health conditions that qualify as a disability. They will see whether your disease compares to anything on that list.

Back Pain and Social Security Disability Claim

Before a person's SSDI application is approved, it may go through a lengthy process. You must provide specific proof to support your claim because back discomfort might be widespread. Your case must demonstrate how severe or chronic your back pain is.

The best course of action is to have a disability lawyer review your claim. They will ensure that your assertion is supported by credible evidence, such as:

- Proof of each visit to the doctor
- Treatments or methods you have employed for recovery
- How back pain affects your day-to-day existence
- Comments made by your doctor regarding your discomfort
- How much pain do others suffer who share your condition

The SSA's process is very rigorous. They are careful to watch for cases of fraud with SSDI applications. If you do not have concrete proof of your pain, the SSA will likely assume you are exaggerating and may dismiss your case. Unfortunately, that means many legitimate claims fall through the cracks.

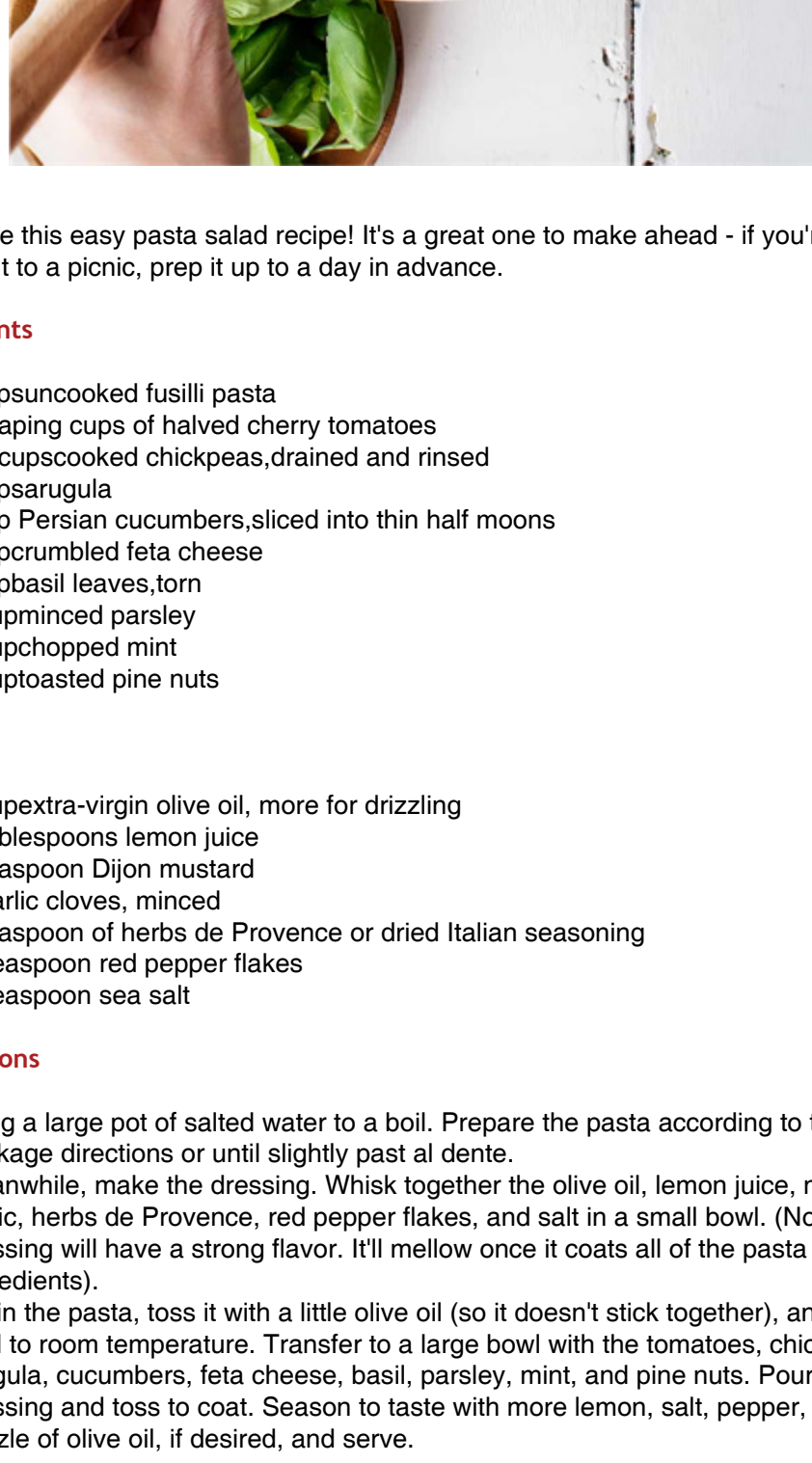
Consulting a social disability lawyer in such cases is usually helpful. They will assist you in preparing for your case, including visiting you in person before the hearing to guide you and ensure you are ready for the questions the judge will likely ask you. In addition, they will put together the clinical evidence in your case so that your claim becomes stronger. Let them help you fight your case and get you the benefits you rightfully deserve.

The experienced disability lawyers of **Heller, Maas, Moro & Magill Co., LPA**, are here to serve you and help you get back on your feet. Call or contact our firm online to schedule a confidential free case evaluation with one of our trained disability lawyers.

Hello Spring



Recipe of the Month Mediterranean Pasta Salad



You'll love this easy pasta salad recipe! It's a great one to make ahead - if you're bringing it to a picnic, prep it up to a day in advance.

Ingredients

- 3 cups uncooked fusilli pasta
- 2 heaping cups of halved cherry tomatoes
- 1 1/2 cups cooked chickpeas, drained and rinsed
- 2 cups arugula
- 1 cup Persian cucumbers, sliced into thin half moons
- 1 cup crumbled feta cheese
- 1 cup basil leaves, torn
- 1/2 cup minced parsley
- 1/2 cup chopped mint
- 1/2 cup toasted pine nuts

Dressing

- 1/4 cup extra-virgin olive oil, more for drizzling
- 3 tablespoons lemon juice
- 1 teaspoon Dijon mustard
- 3 garlic cloves, minced
- 1 teaspoon of herbs de Provence or dried Italian seasoning
- 1/4 teaspoon red pepper flakes
- 3/4 teaspoon sea salt

Instructions

1. Bring a large pot of salted water to a boil. Prepare the pasta according to the package directions or until slightly past al dente.
2. Meanwhile, make the dressing. Whisk together the olive oil, lemon juice, mustard, garlic, herbs de Provence, red pepper flakes, and salt in a small bowl. (Note: the dressing will have a strong flavor. It'll mellow once it coats all of the pasta salad ingredients).
3. Drain the pasta, toss it with a little olive oil (so it doesn't stick together), and let it cool to room temperature. Transfer to a large bowl with the tomatoes, chickpeas, arugula, cucumbers, feta cheese, basil, parsley, mint, and pine nuts. Pour the dressing and toss to coat. Season to taste with more lemon, salt, pepper, and a drizzle of olive oil, if desired, and serve.

Recipe and photo courtesy of loveandlemons.com/pasta-salad/

Help Us Grow



What's Happening in & Around Youngstown Warren, Salem, Akron, Newton Falls

April 28 - 30
Rising Star Talent
Packard Music Hall
Warren, OH

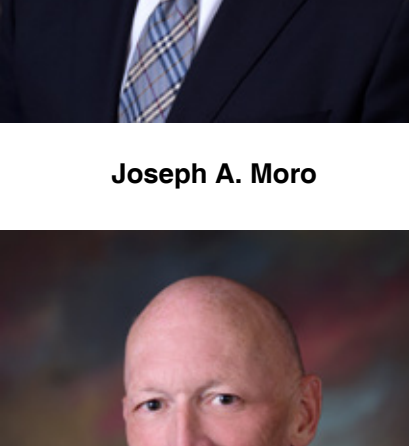
May 5 - 7
On Stage America
Packard Music Hall
Warren, OH

May 6 - 7
Sleeping Beauty
Akron Civic Center

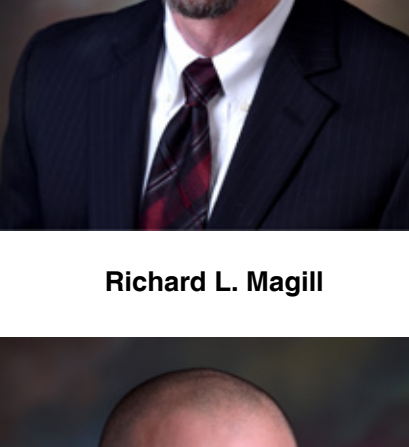
May 11
The Kingston Trio
The Kent Stage
Kent, OH

Jun 6
Jackson Browne
Akron Civic Center

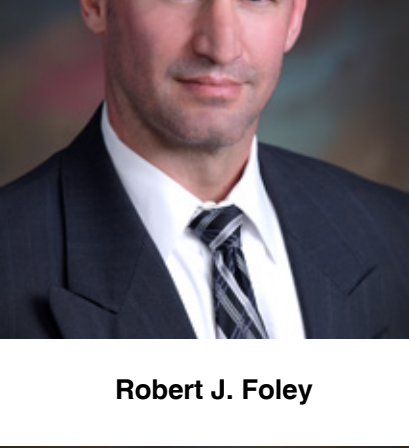
Meet Our Attorneys



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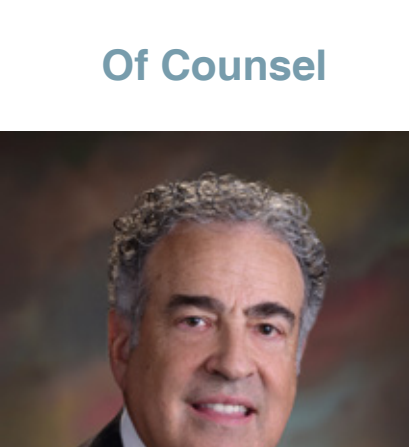


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